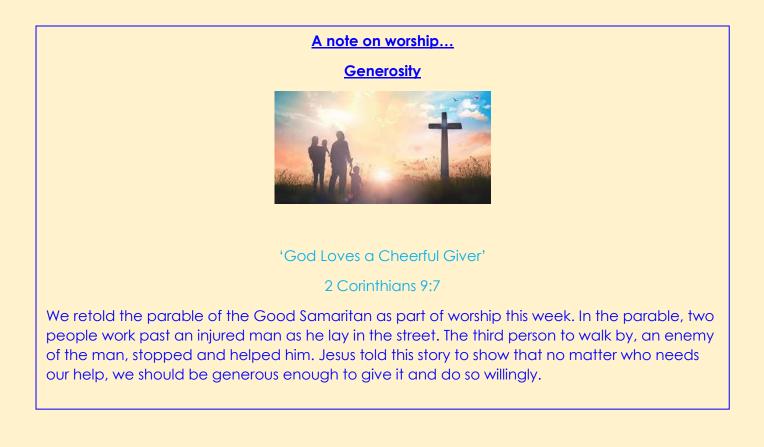
## St. Thomas' C.E. Primary School Newsletter 15.09.2023





Noah P., Toby S., Maddison N., Zach H., Paddy C., Charlie L., Elise B., Theo A., Freya W. and Grayson S-L.

### Events for the Week

### **Beginning**

### <u>18.07.23</u>

### <u>Monday</u>

Ukulele lessons

Brass Lessons

Whole class Ukulele lessons for Emerald class

After school Rugby for years 3, 4, 5 and 6

### <u>Tuesday</u>

Keyboard, strings and woodwind lessons

After school football for years 4, 5 and 6

### <u>Wednesday</u>

9.00am-10.00am RANs coffee morning for parents of children with autism and communication difficulties.

Guitar lessons

After school multi-skills for years 1 and 2

### **Thursday**

After school netball/basketball for years 3, 4, 5 and 6

### <u>Friday</u>

### From the office...

- Please ensure that school dinners are ordered by midnight on Sunday for the following week. If you are asked for an organisation code, please use 78487851
- Wisepay details have been sent out to all parents. If Wisepay doesn't work for you, please contact the school office.
- Letters for after school clubs will be in your child's book bag.
- Please remember to write names in uniform. We already have some lost property!
- Children taking part in after school sports need to bring a PE kit to school to change into if it is not their usual PE day.

### Up coming events

Wednesday 20<sup>th</sup> September Karen Riding (speicialst social, communication and autism teacher from Rochdale Additional Needs Service) will be hosting a **coffee morning** for parents of children with **autism and/or communication difficulties** in school from **9.00am**-**10.00am**. This is an opportunity to meet with Karen and find out about her work, but also an opportunity to get together with other parents whose children have specific additional needs.

**Thursday 28<sup>th</sup> September** is our annual Macmilan Coffee Morning fundraiser in aid of Macmillan. This is a charity very close to many people's hearts due to the fantastic work they do to support cancer patients and their families.

Most school events are posted on the school website on the calender. We try to keep this as up to date as possible.

### Wellbeing

# BELIEVE RFORM RI₩ IFZ ELLE /E @BELIEVEPHQ



### 3330 **ACTIVITY PLANNING**

WORRY TIME

overcome them

Set aside a time each day for your

child worry. Discuss with your child

for. In this time your child can write

how long the worry time will be

down their worries, discuss them

THOUGHT CHALLENGING

experience. Try to challenge them with your child and come up with

more realistic and helpful ones

Help your child to write down any

unheipful thoughts they that

with your or problem solve to

Create an activity diary with your child and help them to schedule in some pleasurable and achievement related activities

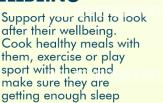
### TALKING ABOUT FEELINGS

Why not create a time each week where your child can speak to you about their thoughts and feelings

### **3 GOOD THINGS**

Before bed spend some time with your child to identify and write down three good things they achieved from the day

### WELLBEING



### IMAGERY

Work with your child to imagine themselves in an imaginary future where everything has turned out in a positive way



### **Internet safety**

At National Online Safety, we believe in empowering parents, carers and trusted adults with the info it is needed. This guide focuses on one of many issues which we believe trusted adults should be r

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# Top Tips for



children to

### ENCOURAGE REGULAR BREAKS

ur child understand the need egular breaks, playing in bursts rather than marathon s. Bear in mind that some

### AGREE SPENDING LIMITS

There's no doubt that gaming on a child t will

18

CENSORET

### DISCUSS AGE RATINGS

often ignore the age rati as – or are unaware they st. If you're happy with yo ying a particular game e t's rated above their age age ext to y, might

### Meet Our Expert

Source: https://hipal.app/about/privacy.html



If your child loves video games, then you'll probably be aware that how long they spend gaming – and what they're actually playing – can occasionally become a source of concern or conflict. The UK's trade body for interactive entertainment, Ukie, has recently launched a campaign to promote safer and more responsible gaming among young people – with parents and carers helping by setting sensible and fair boundaries. Our guide has tips on key areas where you could agree some healthy ground rules for your child's gaming activity.

### FACTOR IN FRIENDS

id an informed conversation about online safety with their children, should they feel se visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

your child is a keen vid amer, the chances are er, the chances 'Il have other go cial circle, to a length xtend screen earn a

### ENJOY GAMING TOGETHER



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### **BE PREPARED** FOR TROLLS

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### National NOS Online Safety #WakeUpWednesday

f /NationalOnlineSafety @ @nationalonlinesafety Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 13.09.2023

@national\_online\_safety

### Weekly Round up

It has been a very busy week as everyone settles into their first week of following our curriculum. All of our curriculum plans can be found on our website. By looking at the plans, you will have a good understanding of what we teach and why we teach it.

Help with phonics and more information can be found at <a href="https://www.songofsounds.co.uk/page/?title=Learning+at+Home&pid=8">https://www.songofsounds.co.uk/page/?title=Learning+at+Home&pid=8</a>

### Amethyst Class

The reception children are working through the baseline assessments with Miss Wardle. The results are shared with the Department for Education and these results become the starting point for tracking the progress of children throughout the school. The children have been playing lots of games focusing on getting to know each other. The reception children have been recapping rhymes in phonics, whilst year 1 children have been recapping their sounds form reception before they move onto the year one words.

In maths the children have been focusing on numbers up to 10.

### Ruby Class

The children have been working on capital letters in English. The children have been on an assessment week in phonics so that the teacher can see where they are up to and what they have remembered over the summer holiday. Maths has been about place value and counting forward and backwards in 10s for the year two children.

During their science lesson the children went outside, exploring the local environment around the school, looking for the creatures that live there as a start to their unit of work on habitats. In history they have just started the topic of the great Fire of London, looking at what happened and the impact it had on how towns and cities are built.

In R.E. they have just started learning about the Bible – what it is and why it is important to Christians.

### **Emerald Class**

In maths pupils have worked hard to understand the value of digits in numbers and how they relate to one another. In English, students have been honing their abilities in both diary and persuasive writing. During P.E., we have been exploring various movements and transitions in dance. In science we have been delving into the world of electrical appliances and technology that powers our everyday lives. The students have been engaged and inquisitive throughout. Lastly, history has taken us back in time to the era of the Romans where pupils learned about where the Romans came from and how the city of Rome became the centre of a huge empire.

### Share My Work Afternoons

On the last afternoon of each half term (or the previous day, if we are in church), we will be hosting a 'share my work' afternoon. Parents will be invited to come into school from 2.00pm to sit with their child and share with their child the work that has been completed that half term.

The plan is to make this a 'drop-in' style event and parents can come in at any time between 2.00pm and 2.45pm and then join us for our final assembly of the term at 2.50pm if they wish to. This will give those who have children in different classes the opportunity to visit them all.

### High School and Primary School Applications

The window is now open to **apply for high school places**. This link <u>https://www.rochdale.gov.uk/school-admissions-appeals/apply-secondary-school-place</u> will take you Rochdale Council's application page with all of the information you need. Please look at **the websites of the schools you are interested in** to find out about admissions criteria and open days. It is important that you visit as many open days as you can to find the right school for your child. The closing date for applications is **Tuesday 31st October**.

The window for applying for primary school places will open shortly.

### P.E. Days

Amethyst – Tuesday and Thursday

Ruby – Tuesday and Wednesday

Opal - Tuesday and Thursday

Emerald – Monday and Wednesday

Sapphire – Monday and Friday

All children wear their PE kit for school on PE days.

### Rochdale Football club tickets



We have been allocated four tickets for each Rochdale Football Club home game. It is not too late to take part in the draw for tickets. Each participating family will be given a number which will be drawn weekly. These numbers will go back into the draw for the following week.

We ask that if you cannot attend the match, please let the office know as soon as possible so that we can redraw.

Alfos has won the tickets for Saturday 16<sup>th</sup> September, Reggie has won the tickets for the match on Tuesday 26<sup>th</sup> September and John and Keegan have won the tickets for the game on 30<sup>th</sup> September.