|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| Reception | Me and My Relationships  | Valuing Difference | Keeping myself safe | Rights and responsibilities | Being my best | Growing and changing* Getting bigger
* Life stages
* Where do babies come from
 |
| Year 1 | Me and My Relationships Includes feelings/emotions/conflict resolution/friendships | Valuing DifferenceIncludes British Values focus | Keeping myself safeIncludes aspects of safe internet use, drugs and Relationships Education | Rights and responsibilitiesIncludes money/living in the wider world/environment | Being my bestIncludes keeping healthy/Growth Mindset/goal setting/achievement | Growing and changing* Introducing the correct names for genitals
* ‘Private parts’
* Differences between what they can do and what a baby can do
 |
| Year 2 | Me and My Relationships Includes feelings/emotions/conflict resolution/friendships | Valuing DifferenceIncludes British Values focus | Keeping myself safeIncludes aspects of safe internet use, drugs and Relationships Education | Rights and responsibilitiesIncludes money/living in the wider world/environment | Being my bestIncludes keeping healthy/Growth Mindset/goal setting/achievement | Growing and changing* Differences and similarities between boys and girls
* Identify stages of growth
 |
| Year 3 | Me and My Relationships Includes feelings/emotions/conflict resolution/friendships | Valuing DifferenceIncludes British Values focus | Keeping myself safeIncludes aspects of safe internet use, drugs and Relationships Education | Rights and responsibilitiesIncludes money/living in the wider world/environment | Being my bestIncludes keeping healthy/Growth Mindset/goal setting/achievement | Growing and changing* Bereavement
* Personal hygiene
 |
| Year 4 | Me and My Relationships Includes feelings/emotions/conflict resolution/friendships | Valuing DifferenceIncludes British Values focus | Keeping myself safeIncludes aspects of safe internet use, drugs and Relationships Education | Rights and responsibilitiesIncludes money/living in the wider world/environment | Being my bestIncludes keeping healthy/Growth Mindset/goal setting/achievement | Growing and changing* Puberty including menstruation
* Changes (big life changes)
* Changes in moods and feeling
 |
| Year 5 | Me and My Relationships Includes feelings/emotions/conflict resolution/friendships | Valuing DifferenceIncludes British Values focus | Keeping myself safeIncludes aspects of safe internet use, drugs and Relationships Education | Rights and responsibilitiesIncludes money/living in the wider world/environment | Being my bestIncludes keeping healthy/Growth Mindset/goal setting/achievement | Growing and changing* Continue work on puberty, emotions and changes
 |
| Year 6 | Me and My Relationships Includes feelings/emotions/conflict resolution/friendships | Valuing DifferenceIncludes British Values focus | Keeping myself safeIncludes aspects of safe internet use, drugs and Relationships Education | Rights and responsibilitiesIncludes money/living in the wider world/environment | Being my bestIncludes keeping healthy/Growth Mindset/goal setting/achievement | Growing and changing* Challenging gender stereotypes
* How babies are made
* Media manipulation
 |